



EUROPEAN SOCIETY FOR
TRAUMA & DISSOCIATION

UNITED KINGDOM NETWORK

**Understanding and Working with
Complex Traumatic Dissociation**

foundation level essentials

an introductory online course

**Terms, Access Instructions
and Required Documents**

in collaboration with



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INTRODUCTION

This online course -*Understanding and Working with Complex Traumatic Dissociation* - is introductory and intended to provide a foundation in essential (but not sufficient) concepts. Further training along with appropriate supervision is needed in order to develop your practice for working therapeutically with clients who experience complex trauma including those who may have a dissociative identity. The selected reading (see p7) can also help you to develop your knowledge and understanding. It is additionally recommended that you join one or more of the specialist professional bodies in this field i.e ESTD (<https://estd.org/join-estd-1>) and/or ISSTD (<https://www.isst-d.org/join-isstd>). Members of ESTD who are UK or Irish citizens or residents may also be invited to join the Network of UK members of ESTD (ESTD-UK).

The course consists of four modules, each made up of video presentations from leading UK professionals and experts-by-experiences together with slides, integral experiential exercises, handouts and further resources to support your learning. All the non-video material you need to complete the course is contained in this booklet, together with details of how to access the video presentations.

We strongly advise you to complete the modules and units of this course in strict sequence as this gives you a progressive learning experience which is the best way to benefit from our courses.

The videos consist of material extracted from or similar to some of the material presented in ESTD-UK's four day face-to-face Foundation course, but the course is not as comprehensive as the face to face version. ESTD-UK's face to face Foundation and Post Foundation courses can be commissioned by organizations, but are not currently available for individual booking. See <https://estduk.org/live-training>

All ESTD-UK courses are co-produced by the training group of the [UK network of the European Society for Trauma & Dissociation](#) in collaboration with experts-by-experience trainers from [First Person Plural](#) – dissociative identity disorders association (FPP).

IMPORTANT

CONFIDENTIALITY, COPYRIGHT and ACCESS DECLARATIONS

When you access this "*Understanding and Working with Complex Traumatic Dissociation - foundation level essentials*" online course **you become bound by the following declarations.** If you do not agree with and undertake to abide by these declarations, then you must not access the course.

"I understand that any case material or personal experience of living with complex dissociation shared by the presenters is confidential. I agree to maintain this confidentiality and not share such material with anyone in any way that risks identifying the individual whose story it is.

I further understand that the course materials and video presentations may be copyright to the individual authors / presenters. I agree not to copy, download, otherwise replicate, distribute or share them by any means without the written permission of the copyright holder.

I agree to keep the course access password provided in this booklet secure at all times and not to share it verbally, in writing, electronically or by any other means.

And finally I agree to be bound by these declarations from the date of purchasing the course, throughout the time I am accessing the course, and will continue to abide by them after I have completed the course."

TERMS & CONDITIONS

- You must agree to abide by the declarations specified on the previous page in order to access the course.
- With the proviso of the above condition your purchase of this course entitles you to individual access to the course material and videos for as long as you wish. There is no end date by which you must complete the course, so you can learn at your own pace and revisit any modules or units you wish to revise.
- Using the course as a teaching tool or within an organisational setting or group is not allowed unless you have purchased Group access
- A certificate of course completion recording 20 hours of CPD can be issued only after submitting the Evaluation of Learning Multiple Choice Questionnaire and achieving a pass score. No certificates are available for partial completion of the course.
- Views or opinions expressed by the course presenters are those of the individuals concerned and do not necessarily represent the opinions of ESTD, ESTD-UK or FPP.
- We reserve the right to change, update, remove or add content at any time
- We reserve the right to recombine videos and other content into new packages, which may have cheaper pricing at a later date. Any revised pricing cannot be applied retrospectively to courses already purchased.
- We will endeavour to make the course content available 24 hours every day. However, in the case of an unforeseen technical problem we reserve the right to down time in order to resolve this. In such cases and whenever reasonably possible notice will be provided to you by email. The course videos are hosted at Vimeo.com. We cannot accept responsibility for down time arising from issues affecting this or any other third party site, although we will do our best to liaise with them to ensure down time is kept to a minimum.